

LECTURE # 12

BIBLICAL PRINCIPLES OF SEX Honoring God and Your Spouse with Your Body

INTRODUCTION

I. _____ VIEWS.

A. The _____ view.

B. The _____ view.

II. THE _____ VIEW OF SEX.

A. Hebrews 13:4 – _____ marriage by _____ intimacy.
There are two essential principles the author is conveying in this text.

1. Marriage is to be _____.

2. Intimacy is to be _____.

B. Fulfilling the _____ to _____ the other (1 Corinthians 7:1-7).

1. Intimacy is _____ in marriage (v.3).

God commands that husbands and wives provide the intimacy that their spouse needs.

2. Intimacy is to be _____ the spouse (v.3).

3. Intimacy is a _____ to the other (v.4).

This surrender is so strong that it is spoken of as an authority or right owned by the spouse.

4. Intimacy is not to be _____ except by agreement (v.5).

There can only be a suspension for good reason, or providential hindrance.

a. Only by _____ ahead of time.

b. Only for an _____ with a stated goal and _____ point.

c. Only for the purpose of _____.

d. Terminated by _____ at the agreed upon endpoint.

5. Intimacy is to be _____ (v.5).

6. Intimacy is a great _____ against _____ (v.5).

Withholding intimacy makes your spouse more vulnerable to temptation.

III. SUMMARY OF BIBLICAL VIEW OF _____.

The following eight items are taken from the book by Howard A. Eyrich entitled *Three to Get Ready, A Premarital Counseling Manual*, 2nd edition. Baker Book House, Grand Rapids: MI, 1991. (Pg. 129-129). Editorial comments have been added beyond his.

A. Sexual relations within marriage are _____ and _____. God encourages relations and warns against their cessation.

B. _____ in sexual relations is not sinful, but assumed. The bodies of both parties belong to each other.

C. Sexual pleasure is to be regulated by an _____ - _____ principle.

1. One's sexuality is not to be _____-oriented, but _____-oriented

2. This principle makes masturbation sinful. There are at least three reasons:

- a. It is a perversion of the intent of sex. It is taking rather than giving. God gave you your sexual organs to bring pleasure to your spouse.
- b. It almost always involves sinful lust.
- c. It causes guilt. Christians who do anything for which their consciences condemn them sin.

D. Sexual relations are to be _____.

E. The principle of _____ means that each party is to provide sexual enjoyment as frequently as the other party requires.

F. In accordance with the principle of “rights”, there is to be no sexual _____. “I’ll not have relations unless you ...”. Neither party has the right to make such bargains.

G. Sexual relationships are _____ and _____.

H. The principle governing the sexual play of the husband and wife is simple: Whatever is _____, _____, and _____ to both is acceptable.

RESOURCES

- Adams, Jay E. *The Christian Counselor's Manual*, Zondervan Publishing House, Grand Rapids: MI, 1973.
- Eyrich, Howard A. *Three to Get Ready, Premarital Counseling Manual*. 2nd Edition. Baker Book House, Grand Rapids: MI, 1991.
- Peace, Martha. *The Excellent Wife, A Biblical Perspective*. Focus Publishing, Inc. Bemidji: MN, 1995.
- Priolo, Lou. *The Complete Husband, A Practical Guide to Biblical Husbanding*. Calvary Press Publishing, Amityville: NY, 1999.
- Wheat, Ed, M.D. and Gaye Wheat. *Intended for Pleasure*. Fleming H. Revell, Grand Rapids: MI, 1977.

APPENDIX

(The following is a quote from Martha Peace's book, *The Excellent Wife*. It is taken from pages 121-122.)

... husbands and wives are to fulfill God's command to respond to each other's physical desires. In regard to the physical union with her husband, a wife does not have "**authority over her own body**", but her husband does. In the same way, the husband does not have "**authority over his own body**", but the wife does. "**Not having authority over their own bodies**" means that neither one have the option to refuse the other unless he or she is providentially hindered.

Because responding to her husband physically is a command from God, when the wife obeys she is showing love to God as well as love to her husband by not defrauding him. What if her husband desires sex at a time that is inconvenient for her? If possible, the wife should arrange her schedule for them to have a time together so that he knows that fulfilling his desires is important to her. Sometimes, it may be possible to rearrange her schedule by putting off cleaning the house or by telling her friend she will call her back later.

If it is virtually impossible at that moment, the wife should give him a rain-check for a specific time in the future. Then, when she fulfills her promise, she should make it worth his wait! When a wife does not have sex with her husband and she knows that he has that desire, she must ask herself if she is being selfish and putting herself first. If so, she is defrauding him. "Well," you might ask, "what if she is not in 'the mood'?"

One of the best ways for a wife to get in "the mood" and enjoy having sex with her husband is for her to concentrate on pleasing him. To not have sex with her life partner makes it easier for him to think and feel as if she does not love him, or that she is not willing to meet his needs. He may end up physically frustrated, irritated, and tempted.

A wife should not only concentrate on pleasing her husband, but should also remember that her pleasure enhances his pleasure. As she concentrates on pleasing him, she is much more likely to become more and more interested in the process for herself. Therefore, it is important that the wife tell her husband what is pleasurable for her.